

Guidelines for Peaceful Co-Parenting

Remember What's Most Important



- **Send the children with clean, adequate clothing for their time with the other parent, including shoes.**
- **Return the children with all the items they arrived with and, if possible, wash and dry their clothes before returning them.**
- **Check with the other parent BEFORE enrolling the child in extra-curricular activities that require the other parent's cooperation or impose on the other parent's scheduled time with the child.**
- **Check with the other parent BEFORE buying items that might be an imposition at the other parent's home, like pets or musical instruments that require lessons.**
- **Send WRITTEN information regarding the dosage and schedule for prescription and non-prescription meds.**
- **Notify the other parent of doctor and dentist appointments.**